

Bojgatan 1

Can the way we design apartment buildings have a positive effect on our mental welfare and make us feel happier? Bojgatan 1 is an attempt to explore how architecture can help us to feel and live better.

With over half of all residences in Sweden being of only one person living in very standardised tried and tested apartment types, could this cultural consequence affect the welfare of these residents? Recently loneliness and depression have become an essential issue in Sweden, and the design of residential apartments currently, is ill-considered to meet this problem.

Through studies, people have understood the importance of social integration in peoples lives. Projects now have tried to create residential spaces that encourage sociability. However, these places can appear selective and induce forced socialisation among the people.

What if the residential building was looked at differently and designed for the residents to subtly integrate, creating a sense of community and 'neighbourhoodness'.

Bojgatan 1 stands as an idea for a new way to think about the lost spaces of apartment buildings passively aiding the mental welfare of the residents by bringing neighbours together, subtly and playfully.